

# Northeast A League Fall All Conference 2010

## Cross Country-Boys

### First Team

Colton Berry	12	Lakeside
Colton Hastings	12	Colville
Biagio Pietrobugo	11	Colville
Nicholas Cherrington	12	Freeman
Ryan Coffman	09	Lakeside
Kevin Carpenter	09	Colville
Jake Nielsen	12	Colville
<b>MVP- Colton Berry</b>	<b>12</b>	<b>Lakeside</b>

### Second Team

Michael Anderson	12	Lakeside
Ryan Rojas	12	Lakeside
Mitchell Middleton	10	Lakeside
Will Sipes	12	Chewelah
Jake Widman	11	Lakeside
Dylan Livingston	12	Riverside
Ben Mega	12	Freeman

## Cross Country-Girls

### First Team

Jess Mildes	11	Riverside
Christina Hall	11	Chewelah
Alison Price	11	Colville
Megan Ahrendt	09	Lakeside
Susan Burchett	11	Riverside
Alaina Kowitz	12	Colville
Israel Nickerson	12	Newport
<b>MVP- Jess Mildes</b>	<b>11</b>	<b>Riverside</b>

### Second Team

Mackenzie DePuyter	12	Freeman
Delaney McMahon	10	Riverside
Sofie Marikis	10	Lakeside
Vanessa Ahrendt	11	Lakeside
Jessica Chrisp	10	Riverside
Aubrey Rogers	11	Colville
Saxon Londagin	12	Chewelah

**Coach of the Year: Dean Fischer Colville High School**

## Football

### First Team-Defense

Justin Altmeyer	12	Freeman	Sawyer Bardwell	12	Colville
Don Burns	11	Newport	Jacob Campbell	12	Chewelah
Chase Flores	12	Riverside	Josh Lauderdale	12	Lakeside
Colby Mead	12	Riverside	Will Peters	12	Chewelah
Alex Pond	11	Colville	Paul Thomas	12	Lakeside
Dallas Watkins	12	Lakeside			

### Second Team-Defense

Dewey Bender	11	Riverside	Loman Cole	12	Riverside
Calvin Connall	11	Chewelah	Isaac D' Auria	12	Freeman
Cameron Duckett	12	Freeman	Chase Fuson	11	Lakeside
Justin Hause	11	Lakeside	Bryan Jennings	12	Lakeside
Brandon Lambert	11	Newport	Kit Major	11	Riverside
Travis Martin	11	Newport	Ryan Meenach	12	Freeman
Alex Morgan	12	Colville	Nick Naccarato	12	Chewelah
James Price	12	Colville			

**Defense MVP- Blake Sjoldal Colville High School**

## **Football.....(Continued)**

### **First Team Offense**

Jimmie Day	11	Lakeside	Chase Flores	12	Riverside
Alex Morgan	12	Colville	Matt Olson	12	Chewelah
Will Peters	12	Chewelah	Josh Richardson	12	Freeman
Kyle Sauve	12	Riverside	Blake Sjoldal	12	Colville
Paul Thomas	12	Lakeside	Zah Thompson	11	Colville
Jake Wiley	11	Newport			

### **Second Team Offense**

Jared Barranco	12	Newport	Jacob Biggs	12	Riverside
Joe Blazek	12	Lakeside	Aaron Castle	11	Newport
Jacob Campbell	12	Chewelah	Josh Daniels	11	Riverside
Isaac D' Auria	12	Freeman	Cameron Duckett	12	Freeman
Teddy Ellefritz	12	Riverside	Justin Hause	11	Lakeside
Matt Liss	12	Lakeside	Tim Murray	12	Chewelah
Nick Naccarato	12	Chewelah	Alex Pond	11	Colville
Zach Russell	12	Colville	Brandon Slyvester	12	Lakeside
Garth Wagner	12	Colville			

**Offense MVP- Sawyer Bardwell QB 12 Colville High School**

**Coach of the Year: Randy Cornwell Colville High School**

**Assistant Coach of the year: Bill Carpenter Colville High School**

## **Soccer Girls**

### **First Team**

Tasha Luu	11	Colville	Ashley Cook-Cox	09	Lakeside
Taylor Lewis	11	Newport	Lindsay DeHaas	10	Freeman
Hailie McClure	10	Freeman	Courtney Weise	10	Newport
Kasey Rubosky	12	Lakeside	Emily Lesser	12	Lakeside
Christina Trepanier	12	Riverside	Adrienne Seger	11	Newport

**MVP- Katie Baran 12 Lakeside**

**Coach of the Year: Brooke Greer Lakeside**

## **Volleyball**

### **First Team**

Joelee Buckner	10	Colville
Jacy Vining	10	Colville
Kate Hart	12	Riverside
Jenna Lee	12	Freeman
Sophie Bush	12	Newport
Randi Jordan	10	Freeman

### **Second Team**

Hayley Odell	12	Newport
Maya Jansen	11	Freeman
Leanna Carr	10	Colville
Sam Beamer	12	Chewelah
Ashley Knight	11	Colville
Erin Little	11	Colville

**MVP—Sierra Pancho 12 Newport**

**Coach of the Year Missy Bennett Colville**